

Soul2Soul

Readings from Spiritual Medium Elaine

SPIRITUAL HEALING

Alongside my Reiki I also administer Spiritual Healing. Spiritual Healing is a channelled healing (not unlike Reiki) and it comes through the healer directly from the Spirit World.

The Spirit World is full of doctors, nurses and other healers who were once on this earth and others who were not, but are higher beings. They want to help! You do not have to have any affinity with any religion to receive healing. Spiritual Healing is complementary to orthodox medicine; it must not be considered as an alternative. When you are unwell, you need to get assistance from the doctor. If you receive Spiritual Healing it will complement your treatment. The two work together to assist in your recovery. Although we cannot guarantee particular results Spiritual Healing will treat the whole person on a spiritual, emotional and physical level therefore balance will be regained and a feeling of wellbeing ensues.

Spiritual Healing will be administered fully clothed and will last about 20 minutes on average. Hands will be placed lightly on shoulders and occasionally may be drawn to the place that needs healing but under no circumstances will any sensitive areas be touched. In fact most of the time the healer will usually place hands at least 6 inches away from the body. The 'patient' may feel hot, cold or a bit tingly. They may feel nothing at all. The most important thing to do is, relax close your eyes if you want to and enjoy the peace!

ABSENT HEALING

Absent healing or distance healing as it is sometimes called is an alternative therapy which complements conventional medicine. Absent healing takes place when the healer and patient are not in the same location. The patient receives healing via thoughts, prayers and visualisations. Experiencing positive energy can be therapeutic and help regain balance as discussed above.

Use the book and pay page to submit a person's name for absent healing.

WHITE EAGLE

“The earth is not home, it is just a place you visit in order to be educated.” Beautiful Road Home (19) p.11

White Eagle was the hereditary chief of the Poncas when they came to Indian Territory in 1877. As chief, he led the Poncas in their last war against the Sioux before they left Dakota Territory and Nebraska. He was also the medicine man and religious advisor. He used medium Grace Cooke to channel his teachings. The work of the teacher, White Eagle, is to help people awaken their own inner guidance, their intuition, or the light of the spirit that is within every human soul. His teachings are filled with love and understanding for the difficulties we all face. His humour and empathy makes spiritual law very real for us in our daily lives.

Through White Eagle's teaching we are encouraged on a path of love, tolerance and service towards all life; towards the development of inner peace, and the awareness of our eternal, spiritual nature. If we can live by his words we are all contributing to a better world.

If you are interested in finding out more, please contact your nearest White Eagle Lodge.

SPIRITUAL LIFE COACHING

What is Spiritual Life Coaching?

Often people lose their identities in their jobs, their relationships and even the clothes they wear; they come to create their lives from the outside in, instead of the inside out.

Spiritual Life Coaching helps you reconnect with your authentic Self and deepen your connection with your Soul and Spirit's desires to craft a life worth living and create a life worth raving about!

- Benefits of Life Coaching
- Discover and manifest your dreams and desires
- Joyfully harmonize and flow with your experience of life
- Understand and celebrate the things you truly value
- Design your life with passion, purpose, and power
- Heal your life from the inside out
- Experience feelings of incredible lightness and joy
- Break old patterns and create new ones which enable transformation